

10A NCAC 27G .5703 OPERATIONS

(a) Objectives. The treatment objectives shall be addressed by activities designed to:

- (1) promote symptom stability and appropriate use of medication;
- (2) restore personal, community living and social skills;
- (3) promote and maintain physical health;
- (4) establish access to entitlements, housing, and work and social opportunities; and
- (5) promote and maintain the highest possible level of functioning in the community.

(b) Client Selection Criteria. Eligibility for ACT services shall be determined on the basis of a comprehensive assessment and shall meet criteria Subparagraphs (b)(1), (2), and (3) of this Rule:

- (1) A diagnosis of a serious mental illness, developmental disability or substance abuse;
- (2) Unusual needs that have required intensive service provision as evidenced by one or more of the following:
 - (A) an established pattern of frequent use of crisis services, emergency rooms or incarceration related to the diagnosed disorder;
 - (B) a history of multiple admissions to psychiatric or substance abuse inpatient treatment facilities or multiple emergency admissions to Mental Retardation Centers or respite facilities; or
 - (C) a history of frequent contacts or referral to protective service or the criminal justice system (including juvenile detention and training schools) secondary to severely dysfunctional or obviously dangerous behavior; and
- (3) Have symptoms and behaviors as evidenced by one or more of the following:
 - (A) a history of alcohol and drug abuse in combination with psychiatric symptoms or other serious medical or physical problems;
 - (B) a pattern of isolation with extremely poor or non-existent social or family support;
 - (C) a pattern of inability to provide for basic needs for food, clothing, and shelter;
 - (D) a pattern of urgent and severe psychiatric and other concomitant medical difficulties; or
 - (E) have failed to remain engaged in or to respond to conventional services (such as case management, medication, outpatient treatment, or day programs).

(c) Criteria For Continued Eligibility Of ACT Services:

- (1) If a client's needs can be adequately and appropriately addressed with an average of less than seven face-to-face contacts per month during any three-consecutive-month period, the treatment plan shall be reviewed to determine whether other less intensive service alternatives should be provided instead of ACT services.
- (2) If it is determined that less intensive services could meet a client's needs over the long run, the reasons shall be documented, a plan for continuity of care established, and the client should no longer be eligible for ACT services.

*History Note: Authority G.S. 143B-147;
Eff. May 1, 1996;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. July 20, 2019.*